



Which Reformer To Buy

To complete the Breathe Education Certification in Pilates you'll need:



Reformer with full-length ropes & footbar



Foot strap or yoga strap



Full-size Pilates box

Some reformers include a box and foot strap, while others don't. If your reformer doesn't come with these, you can buy them separately, and they don't need to match the brand of your reformer.

How much to spend on a Reformer

Reformers range from USD \$350 to over \$5,000. Higher-priced models are typically more durable and well-built, while cheaper ones might have bungees instead of springs and can fold for easy storage.

A foldable reformer with bungees is sufficient for completing the program and graduating. You don't need an expensive model to succeed.

Not all low-cost reformers are poor quality. This category also includes second-hand commercial machines that often have very little wear. You'll find secondhand machines on Facebook Marketplace, Craigslist, Gumtree, and local Pilates instructor Facebook groups.

On the next page are several recommendations based on our students' feedback, ranging from USD \$275 to around USD \$2750.

You're not limited to these options; they're just suggestions to simplify your search. Any reformer with full-length ropes, a footbar, a full-sized box, and a foot strap will work.

When you need your reformer

You'll need your reformer at the start of week 3 of the program.



Our Students' Highest Rated Reformers

We do not have a commercial relationship with any of these brands. We recommend them based on feedback from our students and studio owners.

USA

- Entry level: [Folding reformer on Amazon](#)
- Mid-range: [AeroPilates Stamina](#)
- Commercial: [Align C8](#)

Box and strap

- [Pilates box on Amazon](#)
- [Yoga strap on Amazon](#)

Canada

- Entry level: [Folding reformer on Amazon](#)
- Mid-range: [AeroPilates Stamina Pro](#)
- Commercial: [Align C8 Pro](#)

Box and strap

- [Pilates box CAD \\$119 on Amazon](#)
- [Yoga strap CAD \\$10 on Amazon](#)

Australia

- Entry level: [Fortis foldable at Dick Smith](#)
- Mid-range foldable: [Your Reformer](#) (rent or buy)
- Mid-range foldable: [Align F8](#) (rent or buy)
- Commercial: [Align C8 Pro](#)

Box and strap

- [Pilates box on Amazon](#)
- [Yoga strap on Amazon](#)

UK & EU

- [Foldable reformer £299 on Amazon](#) + [Reformer box £118](#) + [foot strap £3.99](#)
- Mid-range: [Align R8](#)
- Commercial: [Align C8 Pro](#)



NZ

- Entry level: [Mighty Ape foldable](#)
- Mid-range: [Your Reformer foldable](#) (lease or buy)
- Commercial: [Your Reformer studio](#)

Box and strap

- [Pilates box on Amazon](#)
- [Yoga strap on Amazon](#)

Central & South America

- Entry level: [Foldable on Amazon.mx](#)
- Mid-range: [AeroPilates Stamina Pro](#)

Box and strap

- [Pilates box on Amazon](#)
- [Yoga strap on Amazon](#)